

Sentiment Analysis of Breast Cancer Screening in the United States using Twitter

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Abstract: Whether or not U.S. women follow the recommended breast cancer screening guidelines is related to the perceived benefits and harms of the procedure. Twitter is a rich source of subjective information containing individuals' sentiment towards public health interventions/technologies. Using a modified version of Hutto and Gilbert (2014) sentiment classifier, we described the temporal, geospatial, and thematic patterns of public sentiment towards breast cancer screening with 8 months of tweets (n=64,524) in the U.S. To examine how sentiment was related to screening uptake behaviour, we investigated and identified significant associations between breast cancer screening sentiment (via Twitter) and breast cancer screening uptake (via BRFSS) at the state level.

1 INTRODUCTION

Breast cancer is the most prevalent cancer among women in the United States (U.S.) (American Cancer Society, 2015). Regular breast cancer screening is important in detecting early stages of breast tumors. Screening mammogram, clinical breast exam (CBE) performed by health professionals, breast self-exam, and breast magnetic resonance imaging (MRI) are examples of breast cancer screening tests. A systematic review concluded that among women with average risk (i.e., no personal or family history of breast tumor/lesion, or genetic mutations such as those in BRCA1 and BRCA2 genes), mammogram screening was associated with 20% reduction in breast cancer mortality (Myers et al., 2015). The American College of Obstetricians and Gynecologists (2011) guidelines recommended U.S. women aged 40-74 with average risk to attend a screening mammogram and CBE annually, while the U.S. Preventive Services Task Force (2016) added that the net benefits of breast cancer screening for women aged 40 to 49 is less conclusive than that for women aged 50 to 74 (Centers for Disease Control and Prevention, 2016b). Women aged 75 and above with average risk should consult with physician to decide whether or not to continue receiving a mammogram.

Not all U.S. women adhere to the recommended breast cancer screening guidelines. The uptake of breast cancer screening vary across residence location (Mai et al., 2009), social class (Borugian et al., 2011), and ethnicity (Mahamoud, 2014). Whether or not to seek breast cancer screening often depended on one's perception regarding the quality of care, competency of health professionals, discomfort level during the procedure, and length of time waiting for the procedure and test results (Cruz-Castillo et al., 2014). Women not attending regular breast cancer screening listed their main reasons as being busy, unaware of breast cancer risk, fearful of receiving a true cancer diagnosis or a false diagnosis, and deterred by the pain and discomfort from the procedure (HealthTalkOnline, 2013). Many of these reasons can be explained by the health belief model (HBM) (Janz and Becker, 1984) which states that individuals' readiness and commitment to adopt or continue a healthy behaviour are built on four perception-based constructs: perceptions of susceptibility, severity, benefits, and barriers. Individuals' subjective perception about breast cancer screening, including influence of face-to-face physician recommendation and perceived effectiveness and safety of breast cancer screening (Austin et al., 2002; Fulton et al., 1991; Wang et al., 2014), plays a crucial role in determining if a woman would participate in the screening. Yet real-time and unfiltered perception

data on medical procedures are often unavailable in public health surveillance, administrative, and other health-related databases (Bryson et al., 2016).

Twitter is a rich data source of perception data. Twitter is used by hundreds of millions of active users, continuously broadcasting their uncensored opinions, experiences, thoughts, and feelings in a form of a tweet, a short text message of 140 characters or less (PewResearchCenter, 2015; Zhao and Rosson, 2009). A considerable portion of tweets is health-related (Dredze, 2012; Paul and Dredze, 2011) and has contributed to various health monitoring applications such as public awareness of influenza (Smith et al., 2015), worldwide influenza incidence (Paul et al., 2015), self-reported mental illnesses (Coppersmith et al., 2015), medical complaints (Nakhasi et al., 2012), and safety monitoring for hospital patients (Passarella et al., 2012). As for cancer communities, Twitter serves as a popular digital platform to bring together different groups of key stakeholders. Medical professionals use Twitter to disseminate scientific findings and connect with patients (Vance et al., 2009). Cancer patients use it to share experience, gain support, and educate one another (Lapointe et al., 2014; Sugawara et al., 2012). The general public uses it to advocate and raise funding (Thackeray et al., 2013). Currently, no study was found to examine Twitter's potential in gauging public perception on preventive public health interventions such as breast cancer screening.

Sentiment analysis is a sub-domain of natural language processing that extracts subjective information from a text and assigns a sentiment score or a sentiment polarity classification (i.e., neutral, positive, and negative) (Pang and Lee, 2008). Sentiment analysis helps determine the attitude or perception of a writer with respect to a specific topic in a systematic and quantifiable manner. We propose a sentiment analysis that not only demonstrates the visualization of sentiment patterns using breast cancer screening tweets in the U.S. (descriptive analysis), but also explores the relationship between breast cancer screening sentiment from Twitter and actual breast cancer screening uptake behaviour derived from an external data source from the U.S. government (hypothesis-based analysis).

2 METHODS

2.1 Tweet Processing

Twitter allowed public access to 1% random subset of tweets via Twitter REST Application

Programming Interface (API) (Kumar et al., 2013). Via Twitter API, tweets related to breast cancer screening published from 17th September 2014 to 10th May 2015 were collected using the following filtering terms:

"mammogram", "mammography", "breast imaging", "breast screening", "breast mri", "breast ultrasound", "breast self-exam", "breast examination", "breast exam", and their corresponding hashtags (i.e., "#breastimaging" and "#breastexam")

Extracted information from each breast cancer screening tweet included user name, time of tweet, published tweet content, and two types of geographic information including user-described location and user-enabled global positioning system (GPS) location in longitude and latitude (Twitter, 2014).

The content of each tweet was processed by removing any retweet tag ("RT"), hashtag symbol ("#"), user-mention tag ("@"), and Uniform Resource Location (URL) links. Not all Twitter users have described location information or enabled the GPS option. If both location inputs were available, the more precise GPS location was used; otherwise the user-described location was used. When available, the user-described location was converted into GPS coordinates using Python module Geocoder (by accessing MapQuest) (MapQuest, 2014). The location information was then standardized by reverse-geocoding the coordinates into corresponding country, state, county, and city.

2.2 VADER Sentiment Classifier

There are a number of existing automated sentiment classifiers (Hutto and Gilbert, 2014), such as Linguistic Inquiry and Word Count (LIWC), General Inquirer (GI), Affective Norms for English Words (ANEW), SentiWordNet (SWN), SenticNet (SCN), Word-Sense Disambiguation (WSD), and Hu-Liu-2004. These sentiment classifiers were not developed specifically for microblogging platforms such as Twitter. Tweets generally employed unique communication patterns (i.e., hashtag, user-mention, all-capitalization, acronyms, emoticons, slangs, and repeated punctuations) to better express emotions and fit into the microblogging culture. Hutto and Gilbert (2014) developed and made publically available a sentiment classifier, called Valence Aware Dictionary for sEntiment Reasoning (VADER) classifier, specifically tailored to microblogging platforms such as Twitter. The sentiment lexicon of VADER classifier was based on well-established and human-validated sentiment lexicons (i.e., from

LIWC, GI, and ANEW) and extended by adding common microblogging vernaculars (i.e., acronyms, slangs, and emoticons). In addition, grammatical and syntactical aspects of text (i.e., use of repeated punctuation such as “!!!!” and all-cap such as “EXTREMELY GOOD day”) were incorporated by systematically adjusting the baseline sentiment value using a rule-based model (Hutto and Gilbert, 2014).

To classify the sentiment of a text, the VADER classifier examines the sentiment polarity and intensity of each word of the text against its lexicon, and then outputs four VADER sentiment scores: neutral, positive, negative, and composite scores. The neutral, positive, and negative scores correspond to the proportion of text containing a particular sentiment polarity. For example, a 1.0 positive sentiment score indicates that every word in a text contains positive sentiment while 0.0 positive score indicates there is no positive word, and likewise for neutral and negative sentiment scores. The composite score is computed by summing the sentiment intensity score of each word from the text that has a match with the VADER lexicon, adjusted with grammatical and syntactical rules, and then normalized to be between -1 (most negative) and +1 (most positive). The composite score can be used as a single uni-dimensional measure of sentiment. Hutto and Gilbert (2014) concluded the VADER classifier considerably outperformed all seven established sentiment classifiers (i.e., LIWC, GI, and ANEW). The VADER classifier achieved a 0.99 precision, 0.94 recall, and 0.96 F1 score, which were comparable to human accuracy.

2.3 Modifications of VADER

Although VADER was validated on general tweets by Hutto and Gilbert (2014), its performance to classify sentiment of tweets related to public health intervention, specifically breast cancer screening, required further validation. Such validation was conducted in our study by drawing a random subset of 250 tweets from the original breast cancer screening tweets pool. The composite score was categorized into neutral (-0.3 to +0.3), positive (> +0.3 to +1.0), and negative (-1.0 to < -0.3). The sentiment polarity (neutral, positive, and negative) of each of the 250 tweets was determined by a blind-rater K.W. as the gold standard. A poor accuracy (<40.0%) was observed from the VADER classification initially and the primary reason was identified.

In the original VADER lexical dictionary, the lexicon “cancer” contained a highly negative

sentiment value (-3.4). This resulted in VADER universally assigned highly negative composite sentiment score to virtually all tweets since they were related to breast cancer by default. Similarly, other words including “die”, “died”, and “death” containing highly negative default sentiment values (i.e., -2.9, -2.6, and -2.9, respectively) were identified, yet these lexicons often appeared in our collected tweets as part of the conversations on breast cancer statistics without any default positive or negative connotation. The effect on sentiment classification accuracy was examined by removing these four lexicons from the original lexical dictionary, resulting in more favourable accuracy (77.2%). The remaining classification discrepancy between VADER and the human rater was derived from more advanced sentiment classification challenges such as sarcasm, sentiment ambiguity, and mixed sentiments that were difficult for even human raters, and thus unlikely to be addressed by further minor modifications in the VADER classifier. The aforementioned modified version of the VADER classifier was used to compute sentiment scores of breast cancer screening tweets.

2.4 Descriptive Sentiment Analysis

Temporal, geospatial, and thematic patterns of sentiment from breast cancer screening tweets were examined as descriptive sentiment analyses. For temporal patterns, the daily volume of breast cancer screening tweets and daily average of composite sentiment scores were plotted in a line graph.

For geospatial patterns, tweets with available geographic information were used to generate cartographic and hot-spot maps based on composite sentiment scores. Hot-spot analysis identifies spatial clusters with significantly high or low sentiment values, using the Getis-Ord G_i^* statistics (ArcGIS, 2015):

$$G_i^* = \frac{\sum_{j=1}^n w_{i,j} x_j - \bar{X} \sum_{j=1}^n w_{i,j}}{S \sqrt{\frac{[n \sum_{j=1}^n w_{i,j}^2 - (\sum_{j=1}^n w_{i,j})^2]}{n-1}}}$$

where,

$$\bar{X} = \frac{\sum_{j=1}^n x_j}{n}, S = \sqrt{\frac{\sum_{j=1}^n x_j^2}{n} - (\bar{X})^2}$$

G_i^* statistics is calculated at each location point i that has a feature (sentiment) value. The x_j is the sentiment value for feature j , $w_{i,j}$ is the spatial weight between features i and j , and n is the total number of features. Inverse square distance is used such that closer features are weighted more heavily than features that are further away. That is, $w_{i,j}$ is equal to $M/(d_{ij}^2)$, where M is a constant and d_{ij} is the distance between

features i and j . Conceptually, G_i^* statistics compares the sum of feature values within a neighbouring region around location i against the expected sum of feature values derived from global average (numerator), and then standardized with the variance (denominator). The G_i^* statistics returns a z-score for each location i . Significant hot-spots contain highly positive z-score value and small p-value, indicating location i is surrounded by high sentiment value neighbours, while significant cold-spots contain highly negative z-score and small p-value, indicating location i is surrounded by low sentiment value neighbours.

For thematic patterns, an example word-cloud was generated which consisted the most frequent words amongst all and only negative tweets (excluding positive and neutral tweets). A comprehensive list of common but non-informative words such as “the”, “it”, and “what” were omitted from the word-cloud creation. The font size of each word in a word-cloud corresponded to the frequency of that word (i.e., the larger the word, the more frequently it appears). Example themes were extracted qualitatively as a demonstration.

2.5 Hypothesis-based Sentiment Analysis

To evaluate possible association between breast cancer screening sentiment and actual breast cancer screening uptake at an ecological level, a hypothesis-based sentiment analysis was conducted. While information on breast cancer screening sentiment was provided by Twitter, information on breast cancer screening uptake was obtained from a separate dataset collected by the Centers for Disease Control and Prevention (CDC) called the Behavioral Risk Factor Surveillance System (BRFSS) survey (Centers for Disease Control and Prevention, 2016a). The BRFSS is one of the largest recurring national health surveys that collects data via phone interviews on U.S. residents regarding health-related risk behaviours, chronic health conditions, and use of preventive services. During the study period, the latest available BRFSS survey was the BRFSS 2014 (calendar year). From the BRFSS 2014, interested individual-level variables were extracted and recoded as 1) mammogram received within the last two years (Mamm, 1 – yes and 0 – no), 2) CBE received within the last two years (CBE, 1 – yes and 0 – no), 3) highest education achieved (Edu, 1 – have at least some college education, 0 – do not have any college education), 4) general health (GenHlth, 1 – good, very good, or excellent, 0 – fair or poor), and 5) race (Race, 1 – non-Hispanic white only, 0 – all others). Women

aged less than 40 years old, women with missing key variables (i.e., mammogram and CBE), and men were removed from the analysis. Explanatory and outcome variables were aggregated by states, where individual sentiment values were grouped as averages by state (i.e., $\overline{\text{SentCom}}$, $\overline{\text{SentNeu}}$, $\overline{\text{SentPos}}$, and $\overline{\text{SentNeg}}$), and individual BRFSS variable values were aggregated as percentage of “1” for each state (i.e., %Mamm as percent women reported having a mammogram within two years, and likewise for %CBE, %Edu, %GenHlth, and %Race). We hypothesized that U.S. states with more positive sentiment score values towards breast cancer screening (via tweets) are more likely to have higher overall uptake of breast cancer screening (via BRFSS). This hypothesis was examined qualitatively and quantitatively. Qualitatively, the cartographic maps of state-level breast cancer screening sentiment and breast cancer screening uptake patterns were compared. Quantitatively, since the values of the dependent variables (%Mamm and %CBE) fall between 0 and 1, beta regression model was used to statistically test the relationship between sentiment scores and mammogram/CBE uptake. States with less than 100 tweet count (including Hawaii, Vermont, and Montana) were excluded from the analysis.

In multivariable beta regression, the outcome variable was either %Mamm or %CBE, and the explanatory variable of interest was one of the four average VADER sentiment scores (i.e., $\overline{\text{SentNeu}}$, $\overline{\text{SentPos}}$, $\overline{\text{SentNeg}}$, and $\overline{\text{SentCom}}$) plus other covariates including %Edu, %GenHlth, and %Race to adjust for potential confounding. Beta regression assumes y_k (i.e., %Mamm or %CBE), for $k=1,2,\dots,n_{state}$ (number of individual U.S. states), to be distributed in a beta distribution whose probability density function is given as:

$$f(y; u, z) = \frac{\Gamma(z)}{\Gamma(uz)\Gamma((1-u)z)} y^{uz-1} (1-y)^{(1-u)z-1}$$

where Γ is the gamma function, and $0 < y < 1$, $0 < u < 1$, and $z > 1$. The u is the mean and z is the precision parameter. The systematic component of beta regression is:

$$g_1(E(y_k)) = g_1(u_k) = \beta_0 + \beta_1 x_{sentiment_k} + \beta_2 x_{education_k} + \beta_3 x_{general_health_k} + \beta_4 x_{race_k}$$

where $E(y_k)=u_k$ is the expected value of y_k , or mean u_k , in each state. It is linearly linked to the explanatory variables via the logit link function, $g_1(u)=\log(u/(1-u))$. The random component of beta regression states that y_k is distributed in a beta distribution with its mean specified as above and z as a constant. The

estimation of β and z was done by maximum likelihood estimation.

3 RESULTS

3.1 Descriptive Analysis

There were 3,544,328 breast cancer-related (both breast cancer screening and non-breast cancer screening) tweets collected in the data collection period. A total of 61,524 tweets were found to be specifically related to breast cancer screening in the U.S., and 54,664 of these tweets contained specific geographic information allowing for spatial analysis. The baseline daily breast cancer screening tweet volume fluctuated between 100 and 200, with an explosive volume started in the beginning of October (also Breast cancer awareness month) and then gradually declined back to baseline (Fig 1). For the remaining portions of this paper, “sentiment score” refers to “composite sentiment score” unless specified otherwise. There were 29,034 neutral ($-0.3 \leq \text{sentiment score} \leq 0.3$), 21,561 positive (sentiment score > 0.3), and 4,069 negative (sentiment score < -0.3) tweets. The daily average sentiment score was above the zero line during almost the entire period, indicating that the overall sentiment towards breast cancer screening was neutral-to-positive (Fig 1).

Figure 2 depicts the location and sentiment polarity classification of each breast cancer screening tweets. A larger volume of tweets was published in the eastern states, which coincided with states with higher population densities (MapOfUSA, 2007). The states with the highest volumes of breast cancer

screening tweets were California, Texas, New Jersey, Ohio, and Illinois in decreasing order ($9,640 \leq n_{tweet} \leq 2,639$). The states with the lowest volumes of breast cancer screening tweets were Vermont, Montana, Hawaii, Wyoming, and South Dakota in increasing order ($71 \leq n_{tweet} \leq 145$).

Figure 3 shows hot-spot analysis using individual composite sentiment scores, regions in red (99% confidence), orange (95% confidence), and light pink (90% confidence) were statistically significant clusters of low sentiment value, and they were named the cold-spots. Regions in dark green (99% confidence), medium green (95% confidence), and light green (90% confidence) were significant clusters of high sentiment values, and they were named the hot-spots. While cold-spots appeared to be occurring throughout the country with higher concentration on the eastern side of the country, hot-spots rarely appeared on the western side of the country (with exceptions occurring in the south-western coast of the country).

Three quintile maps as average sentiment score, percent of recent mammogram, and percent of recent CBE by states are shown in Figure 4. The top quintile map ranked states by their average composite sentiment score (with red being the lowest and green being the highest) based on tweets, with three states having less than 100 tweet counts removed. The bottom left quintile map depicts the percent of women aged 40 and above who had received a mammogram within the last two years, and the bottom right quintile map depicts the percent of women aged 40 and above who had received a CBE within the last two years, according to BRFSS 2014. Qualitatively, the bottom two maps show similar and strong horizontal gradient, lowest to highest quintiles from west to east

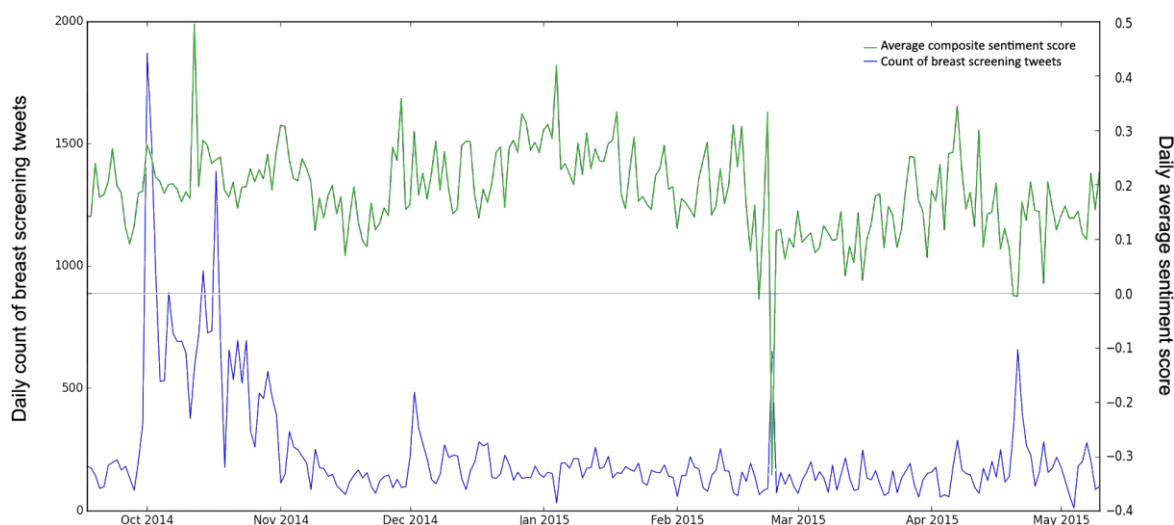


Figure 1: Temporal trends of breast screening tweet volume and sentiment in the U.S. ($n_{tweet}=54,664$).

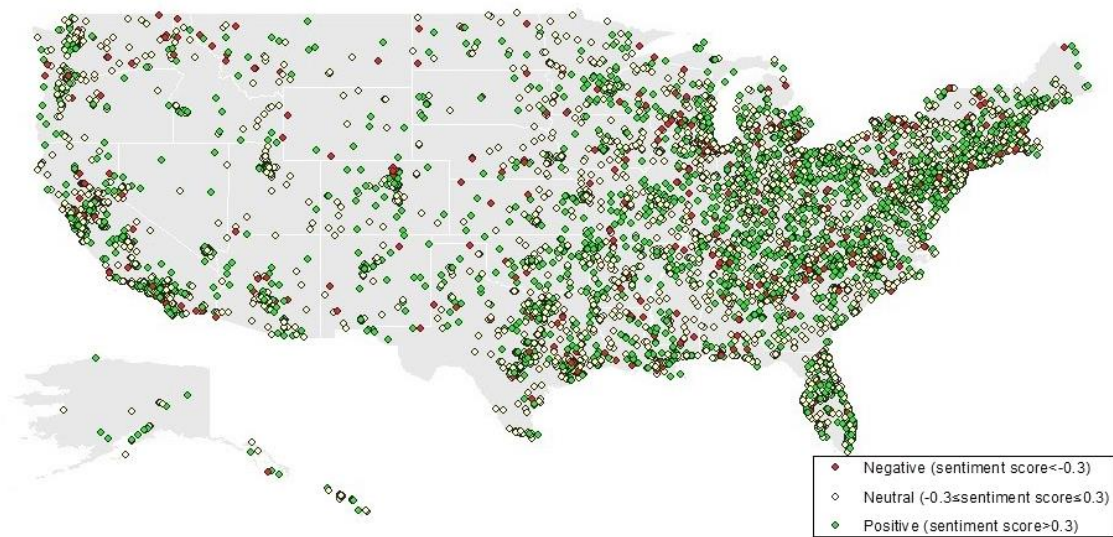


Figure 2: Sentiment of breast screening tweets in the U.S. ($n_{\text{tweet}}=54,664$).

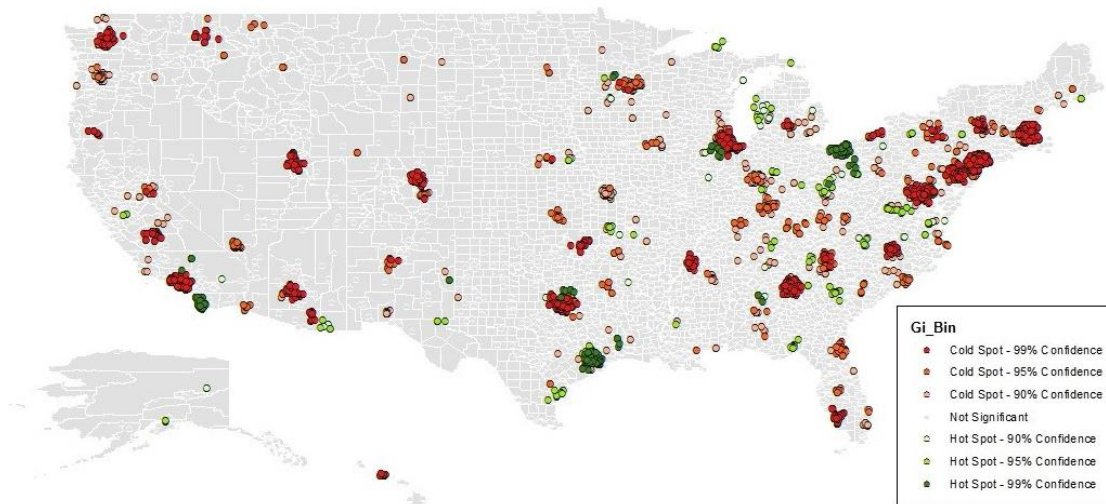


Figure 3: Hot spot map based on sentiment score value in the U.S. ($n_{\text{tweet}}=54,664$).

across the country. While not as identical and prominent compared to the bottom maps, the sentiment-based quintile map does show an increasing gradient from western to eastern part of the country.

The word-cloud using only negative breast cancer screening tweets is shown in Figure 5. Some of the key words were circled manually and grouped together thematically by a human inspector (K.W.) subjectively. For example, “discomfort”, “scary”, “hate”, “hurt”, “forced”, and “pain” together suggested many people might feel negatively about breast cancer screening due to the perceived or experienced physical and psychological discomfort with the procedure. On the other hand, “Obamacare”, “coverage”, “excluded”, “cost”, “insurance”, and “access” together might suggest many people with

negative sentiment about breast cancer screening viewed inaccessibility and financial obstacles as deterrence of obtaining a breast cancer screening.

3.2 Hypothesis-based Analysis

Ecological association between each of the four average sentiment scores on breast cancer screening and outcome variables (i.e., %Mamm and %CBE) were explored using multivariable beta regressions (Table 1). States with less than 100 tweets were removed, including Hawaii, Vermont, and Montana. At the state level, $\overline{\text{SentCom}}$ is the average composite sentiment score, $\overline{\text{SentNeu}}$ is the average neutral sentiment score, $\overline{\text{SentPos}}$ is the average positive sentiment score, $\overline{\text{SentNeg}}$ is the average negative sentiment score, %Mamm is the percent women

needs that require data on public perception. Twitter provides a rich source of real-time, instantaneous, and uncensored public perception data, which may be utilized to monitor public sentiment towards health interventions/technologies. The descriptive sentiment analysis illustrated how Twitter depicts temporal, geospatial, and thematic patterns of sentiment. Temporally, the quantity and average sentiment typically fluctuated within a baseline range, which can help detect instances with abnormal level of tweet volume and/or sentiment score value. Cartographic and hot-spot maps visualized general geographical trends and specific clusters based on sentiment values, respectively. A vast number of negative sentiments in a location towards breast cancer screening might indicate an underlying public misconception, unaddressed concerns, ineffective health promotion, or lack of accessible infrastructure. Thematically, qualitative interpretation of a word-cloud revealed potentially important thematic elements that might lead to better understanding of the root causes of the observed sentiment in the whole country or specific regions.

In the hypothesis-based sentiment analysis, significant associations were found between some of the average sentiment scores (via Twitter) and actual mammogram and CBE uptake behaviours (via BRFSS 2014) at the state level. Average negative sentiment scores were negatively associated with mammogram and CBE uptakes, as expected. However, positive association was not observed between average composite and positive sentiment scores and breast cancer screening uptakes. This might be due to several methodological and data-limitation challenges: for example, data in Twitter and BRFSS did not overlap over the exact time period; subjects in these data sources did not represent the same individuals (i.e., Twitter users might not be representative to the target general population); relationship existed at the ecological (state) level could be different from those of the individual level; uptake behaviours influenced by factors other than sentiment could be at play; certain states only had a small numbers of tweets; and positive tweets published by commercial or non-commercial organizations rather than individuals might not link to individuals' uptake patterns. Some of these Twitter data limitations were also mentioned by other studies including (Paul and Dredze, 2011), (Mitra et al., 2016), and (Brooks, 2014). Nonetheless, our finding suggested the existence of meaningful associations that negative sentiment tweets on breast cancer screening might be particularly useful in

identifying or predicting regions with lower breast cancer screening uptake.

We suggest future studies to develop strategies to minimize background noise such as tweets published by organizations instead of individuals, and examine more fine-grained categorization of sentiment that also captures a person's feelings and moods such as anger, worry, disgust, fear, happiness, surprise, and sadness (Pulman, 2014). Future studies may also explore and validate a systematic approach to add public health- and/or cancer-specific lexicons into the existing VADER's sentiment lexical dictionary to further improve its context-specific utility in public health and/or cancer research.

4 CONCLUSIONS

Based on the health belief model, one's perception about a health intervention/technology could influence one's ultimate action in adopting it. Twitter sentiment data may fill an important gap by providing health researchers and other stakeholders real-time and unfiltered data essential to gauge public perception on health interventions/technologies. The knowledge of such public perception might help predict subsequent utilization in the population. This study not only demonstrated the use of Twitter to visualize rich breast cancer screening sentiment information, but also linked the sentiment derived from Twitter to actual breast cancer screening uptake patterns from BRFSS 2014. This suggests that knowledge about public perception of health intervention/technology might help predict future public utilization, which holds important values in public health policy development, community planning, and resource allocation.

With better understanding and distillation of useful tweets from the background noise, Twitter could potentially be used as a uniquely important public health surveillance tool to monitor public perception. Spatial clusters with highly negative sentiment should be monitored closely over time and the reasons for their negative sentiment might be extracted using thematic tools such as word-cloud. Specific programs or policies can be tailored in attempt to alleviate the specific negative sentiment, which may subsequently improve public acceptance and utilization of a target health intervention/technology.

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