How To Run Meetings

CMPUT 299 H. James Hoover Fall 2005 *2005-09-23,27 Version 1.0*

Meetings, Bloody Meetings

Written by John Cleese and Antony Jay
Starring John Cleese and Robert Hardy
Video Arts, 1993
34 min

Meetings, Bloody Meetings

- Survey of 1000 top executives revealed that approximately 1/3 or time spent in meetings was a waste
- On average, higher levels of management spent 17 h per week in meetings
- Bad habits can spread from upper management down
- Running meetings can be taught properly

5 Main Points

- PlanInformPrepare
- Structure and Control
- Summarize and Record

Plan the Meeting

- Ask what the meeting was supposed to achieve?
- What would have happened if there was no meeting?
- Make sure you know what the meeting is about

Inform

Ensure that others know what the meeting is about

- What is being discussed?
- ***** Why is it being discussed?
- ♣ What is to be achieved by the discussion?
- ♣ Who is necessary for the discussion to be effective?
- Make an agenda
- Agenda is not just headings but a briefing to define the purpose of each point

Prepare

Get items on agenda in their proper order
 Look for connections between various items and arrange appropriately

• Give only time that is due to each subject

Do not waste time on unnecessary points

Structure and Control

- Guide discussions to serve a purpose
- Keep discussions on topic
- Structure the discussion in the proper order:
 - State the proposition what is to be discussed
 - Evidence what are the various sides of the issue and what are the facts that affect them
 - Arguments what does the evidence mean
 - Conclusion make the final case for the various sides
 - Action make a final decision on the issue

Summarize and Record

- Ensure that everyone in the meeting understands the decisions
- Record the discussion and the decisions so they can referenced in the future
- Record the person responsible for the actions in each decision made

More Bloody Meetings

Written by Antony Jay
Starring John Cleese
Video Arts, 1995
26 min

More Bloody Meetings

- Procedures aren't everything in a meeting; you must also properly manage the people
- 3 laws of controlling meetings and 4 techniques for maintaining each
 - Unite the Group
 - Focus the Group
 - Mobilize the Group

Unite the Group

Let off steam

Don't let people bottle things up

- Don't take sides
- Bring in the non-combatants
- Stick to facts
 - Opinions can cause more confrontations and don't resolve the issue

Focus the Group



- Stay alert and watch out for irrelevant contributions
 - Keep everyone to the point
- ♣ Keep a hand on the wheel
 - Know where the discussion is headed
- Test comprehension
 - Ask for elaboration on points that are not fully understood
- Paraphrase and check back
 - Ensure that everyone understands the point being made

Mobilize the Group

- Protect the weak and keep the strong under control
 Draw out suggestions from those that are being overpowered
- Check around the group and collect all contributions
- Record all suggestions to avoid losing good points
- Build up ideas, don't knock them down
 - Build a decision rather than reaching for a decision just to have a solution